

Candidate Name: _____

Instructor: _____

SAM DAN SHIM SA QUESTIONS
(use the back of the paper if you need more room)

- 1. Count from 11-15 in Korean and Chinese.**
- 2. What does “Moo Sang” and “Yu Sang” mean? How does this philosophy apply to you?**
- 3. What does “Moo Pahl Dan Khum” mean?**
- 4. There are two basic founding purposes of the Federation. What are they?**
- 5. What does “Sip Sam Seh” mean? And what does Sip Sam Seh consist of?**
- 6. How does the Song of the Sip Sam Seh informed your Soo Bahk Do training?**
- 7. What is the special meaning of the Yuk Ro Hyungs related to the culture and history of Korea?**

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Name: _____

14. What does “Moo Do Shim Gong” mean to you?

15. What is the proper protocol when a student visits another Certified Do Jang of the Federation?

16. Chart out your Soo Bahk Do lineage (your instructor, your instructor’s instructor, etc.)

17. Why is that lineage important?

18. a) Which forms are Neh Ga Ryu and which forms are Weh Ga Ryu?

1. Jin Do _____

3. Passai _____

2. Ro Hi _____

4. Naihanji _____

b) What does Neh Ga Ryu mean?

c) What does Weh Ga Ryu mean?

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19. Give the literal translation for each of the Eight Key Concepts.

Example: 1) Yong Gi Brave Energy

2) _____

3) _____

4) _____

5) _____

6) _____

7) _____

8) _____

20. Name three students whom you personally connected to your art of Soo Bahk Do Moo Duk Kwan during the last 3-4 years and who became training members of your federation after your referral?

1.

2.

3.

21. Please cite some specific examples of how you have participated in, and/or contributed to Vision success during your last 3-4 years of training.

22. Name at least five factors that are considered and evaluated when judging Hyung Competition in order to formulate a score: