

Candidate Name: _____

Instructor: _____

E DAN SHIM SA QUESTIONS
(use the back of the paper if you need more room)

- 1. What is the motivation of the name “Chil Sung” Hyung?**
- 2. What is the literal meaning of the words “Neh Ga Ryu” and “Weh Ga Ryu”?**
- 3. What is the meaning of “Ryu Pa”?**
- 4. What does “Neh Khang Weh Yu” mean?**
- 5. What is the name of Yuk Ro Cho Dan hyung and what’s its meaning?**
- 6. What have you experienced from Yuk Ro Hyungs and how have they helped you in your personal development?**
- 7. What is the “Moo Yei Do Bo Tong Ji”?**
- 8. Why are you required to perform the Ssang Bal Ahp Cha Nut Gi break? What is the significance of this requirement and why?**

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- 9. Explain the significance of the Dan Bon.**

- 10. What is and who are the members of the Technical Advisory Committee of the Federation?**

- 11. What is the role of the Board Of Directors? Who is the Board member elected by you in your region?**

- 12. What is the literal meaning of each word in “Yong Gi” (or other 8 Key Concepts)?**

- 13. Please describe the process you utilized to prepare for this E Dan testing.**

- 14. How will your role and/or responsibilities change if you are promoted to E Dan?**

- 15. What types of programs or activities would you like to see the Federation undertake to better serve its Dan members?**

- 16. Why is loyalty to the Kwan Jang Nim and Moo Duk Kwan an important aspect of our training? What does this mean to you?**

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17. What is the meaning of:

| | | |
|------------|------------|------------|
| Soo _____ | Bahk _____ | Do _____ |
| Tang _____ | Soo _____ | Do _____ |
| Moo _____ | Duk _____ | Kwan _____ |

18. Explain and give examples:

Shim Gung

Weh Gung

Neh Gung

19. What are the characteristics of Jin Do Hyung?

(circle the correct answers--more than one may apply)

- | | |
|---------------|------------------------------|
| a. Fast | d. Slow |
| b. Heavy | e. Forward and back movement |
| c. Deliberate | |

20. What are the characteristics of Naihanji forms?

(circle the correct answers--more than one may apply)

- | | |
|----------|---------------------|
| a. Slow | c. Deliberate |
| b. Heavy | d. Bigger than life |

21. Give an example of how each of the Eight Key Concepts can apply to your daily life (use the back of the paper if necessary):

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22. Name three students whom you personally connected to your art of Soo Bahk Do Moo Duk Kwan during the last 3-4 years and who became training members of your federation after your referral?

1.

2.

3.

23. Please cite some specific examples of how you have participated in, and/or contributed to Vision success during your last 3-4 years of training.

24. Please explain your understanding of the nature of, and what is meant by, “Successful Moo Do Do Jang”

25. What factors contribute to the Moo Duk Kwan’s uniqueness and have been repeatedly expressed in the President’s Vision messages?

26. Names some of the specific goals set by the President for strengthening our foundation and achieving success toward Vision objectives: